

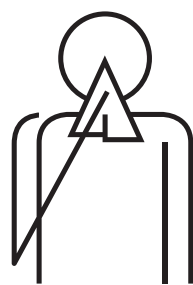
# Prevent the spread of *Coronavirus*.

## What should I do to prevent catching and spreading the virus?

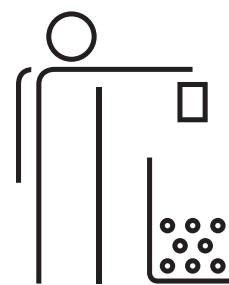
---



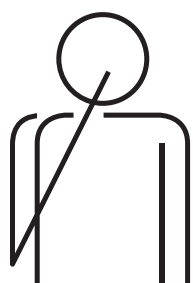
**WASH HANDS FREQUENTLY**  
with soap and water or use hand  
sanitiser.



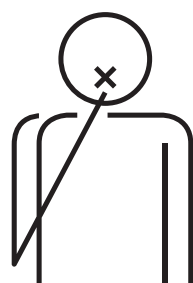
Catch coughs and sneezes with  
**DISPOSABLE TISSUE.**



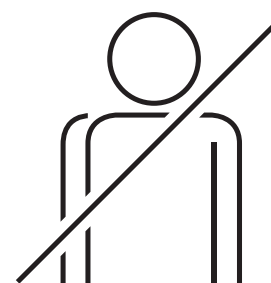
**THROW AWAY USED TISSUES**  
(then wash your hands)



If you are about to sneeze and  
you don't have a tissue, please  
use your sleeve.



Avoid touching your eyes, nose  
and mouth with your hands.



Avoid contact with people who  
are infected.

---