

# REGENT STREET ALLOTMENTS

Hi All

I hope everyone is keeping safe and well as we continue to experience life with Covid-19. Jo Ryan and I were talking recently about the Regent Street sky allotments and ways to keep in touch with you whilst we continue to follow government advice and stay alert.

We've decided it might be of interest if we share some things Jo is doing in her own garden and hopefully inspire you to create your own window sill of veggies and herbs at home as Garden Centres plan to open soon.

For the next couple of weeks Jo will be sending a report on her own garden activities in Norfolk that I'll share with you, we'll be posting some fun garden activities for all the family and we'll have the opportunity to see Jo's garden in a few short films we'll soon add to our website: <https://www.mycentrallondon.co.uk/sustainability/>

Jo's gardening notes just for you .....

Hi Everyone

No one will be very surprised that after a week of bitterly cold winds in Norfolk and night time frosts not a lot has been done outside in my vegetable garden. In fact I had to drag inside all my tender plants that I had put out doors for the warm weather- things like bananas, tender seedlings and half hardy plants.

However in preparation of better weather this week I have sown in small pots cucumbers, courgettes and sun flowers in doors. They have germinated very quickly. This will give them a head start when I plant them out in the vegetable garden over the next few weeks. The tomato plants are still all in the warm growing away like mad so they are having some tomato feed. Still growing more pots of leaves and herbs such as rocket indoors to keep a succession going (the photo of the pots of basil were all sown a week apart).

The first warm day I get here I will sow some rows of chard and nasturtiums in the veggie plot.

Must make myself do more weeding!

