

# REGENT STREET ALLOTMENTS

---

28/08/20

---

Hi All

I'm told the wettest day in the UK is expected to be in August .... I don't think we've been disappointed with the rainfall this week! I hope you've all been able to enjoy some local and seasonal fresh fruit and vegetables over the last month or so – whether you've grown your own or shopped locally. I've grown some fantastic salad leaves and tomatoes and so many courgettes I've lost count. Jo has suggested a recipe for cooking with courgettes – I've used it a couple of times and totally agree whether homegrown or shop bought (the shop bought are really good value), it's worth trying.

This year I've grown some flowers from seed for my allotment – dahlias and chrysanthemums (photos in our next update)! Not sure they'll make the local virtual flower show.

I'm sure some of you have continued to work from home whilst others are now spending at least a few days a week in the office. Whatever your choice I hope you continue to be happy and healthy.

In the meantime, Jo's gardening notes just for you .....

Hi Everyone

Now is the time we all reap the rewards of earlier efforts. I am just beginning to harvest the smaller tomato varieties with the larger ones such as yellow stuffer still green. I might even move certain pots to sunnier locations to help.

Like most people growing courgettes I have way too many for two people. I can recommend the Nigella recipe of courgette fritters with feta cheese <https://www.nigella.com/recipes/courgette-fritters> - a delicious way of using them up. I've had lovely golden beetroots, they are more tender than the red ones. In fact they are so nice I have bought seed to sow over the next couple of months for early cropping next year. Don't forget you can eat the young leaves too. If you have any gaps now is also a time for sowing broad beans too and you may get a late crop.

I have continued to grow endless pots of dill, coriander and basil for a supply of fresh herbs. Rabbits ate all my spring onions but we do have nice leeks. The sweetcorn is almost ready so looking forward to that.

All our gooseberries eaten by blackbirds, they left the blackcurrants as they weren't very nice! The Japanese Wineberries have been amazing. I really would recommend sourcing a plant. The little fruits look like a smaller raspberry but are sweeter and less watery. The birds tend not to eat them. They don't get pests and are fantastic with any desert. I don't mind sharing the fruit with the wild life as long as we have something left.

Keep feeding your tomatoes once a week, water every day and hopefully we will all have loads.



*Japanese Wineberry*



*Sweetcorn in the husk*