

## Apps to help you live more Sustainably

### 1. Ecosia

[Ecosia](#) is a search engine just like Google but it plants trees. The ad revenue generated is used to plant trees where nature and people need them most – what more could you want!

### 2. Strava

A brilliant app if you are sporty or trying to be more active. You can have competitions with your friends to see who biked the most miles each week and set personal goals. [Strava](#) also gives you motivation to exercise and enjoy the great outdoors.

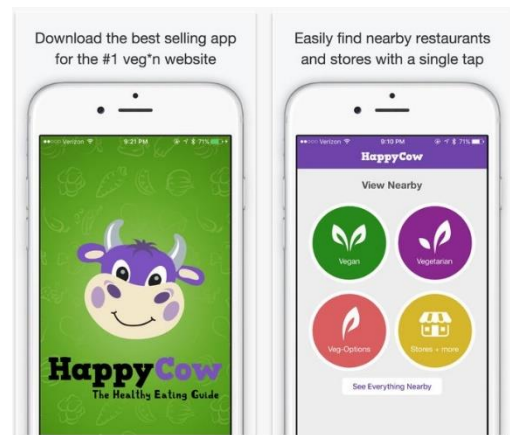


### 3. Too good to go

Did you know that 1/3 of the world's food is wasted every year? [Too good to go](#) is an innovative food waste app, that puts restaurants with unsold food in touch with hungry customers on a budget. You can search for cafes and restaurants local to you and pay through the app before picking up. A cost-effective way to get food but also avoids food being thrown away unnecessarily.

### 4. HappyCow

Researchers at the University of Oxford have found that cutting meat and dairy products from your diet could reduce an individual's carbon footprint from food by up to 73%. HappyCow was established over 20 years ago and the app lets you find vegan and vegetarian restaurants, food stores and vegan friendly options near you and all over the world. There's an app but also an informative website [here](#).



### 5. Oroeco

The [Oroeco](#) app shows you the environmental impacts of how you spend your money. Find out how to reduce your carbon footprint - from your home energy and diet to transportation and entertainment choices.

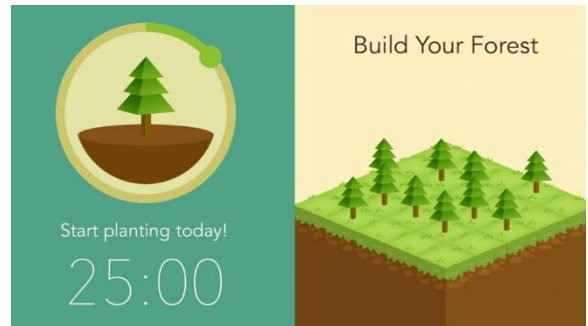
### 6. Good on you

This app lets you discover fashion brands and compare the sustainability ratings of your favourite brands. The research has all been done for you and ranked by People,

Planet and Animals on a scale of 0-5 and giving the brand an overall ranking. Find out more [here](#).

## 7. Forest

Are you addicted to your phone? [Forest](#) is an app that forces you to stay focussed on the important things in life and be more productive by growing a virtual tree on your screen as you work. The best part is Forest also plants trees in the real world, through forestry charity 'Trees for the Future'. So far, they've planted 979,736 trees!



## 8. Gardenia

Gardening is a relaxing activity that enhances your sensitiveness to the needs of other living beings. [Gardenia](#) is a gardening app for beginners and experts that provides you with botanic information and gardening tips on over 2000 species and facilitates your green tasks. Not only can you learn about plants before purchasing to see if they would be a good fit for your home or garden, but you can learn about plants you may have been neglecting.

Hope one of more of these apps is useful to you – please let us know if there are any other apps that you have used that have helped you be more sustainable!